## KERIKERI Village

**MARCH 2021** 

### Hilary Sumpter - Chief Executive



## Welcome...

What a time it's been of late, as if alert levels changing up and down wasn't enough, then recently we had the day of the tsunami warnings!

Time

However, it's great to be able to say how smoothly all these things went with staff and residents responding to the requirements that are outside of our control. My thanks again to everyone for pulling together when we need to. As we move forward into 2021, we can only look with positivity to the future and try to keep doing the best we can with whatever is presented to us.

We've had some new faces appearing, both staff and residents

plus two new directors onto the Board. There's more about them further in the newsletter.

Our Village Activities Coordinator, Karen Hawtin has been doing a fantastic job lately, getting events and outings organised. There's a lot going on in and out of the Village. Sadly, we've had some events cancelled due to COVID Alert Levels changing but be assured Karen is still going great guns and more interesting things will be happening.

Now we await word on the rollout of the COVID-19 vaccinations. We expect staff and care facility residents to be vaccinated first, but the timing of this, and the availability for Village residents is still unknown. We do know the annual flu vaccinations will be coming up soon and we have been told we need to have two weeks between flu vaccinations and COVID-19 vaccinations. We will keep you updated as we learn more.

So, only a couple of weeks of daylight savings to go as I write this. Where did the summer go? Although autumn up here is always such a beautiful time of year.

Enjoy the read in the following pages everyone.

## Bequests for the village...

Bequests from people to the Village over the years have been instrumental in making our residents lives here more comfortable and fulfilling. The generosity shown by so many towards our community village, which is a registered charity, is always humbling and makes such a difference.

Leaving a gift in your will to the Village is a way of ensuring we continue to deliver the best of services.

Our current goal, once we have enough funds, is to upgrade and modernise our care facility. To do this we are planning to build a new social centre and then repurpose the current one into larger, more modern, rest home rooms. The Paterson Wing also needs a complete overhaul and provision of larger rooms with ensuites. These are big projects, which require serious planning and will cost a significant amount to undertake.

To achieve these projects, we are looking for community help. When making or updating a will, perhaps you might consider leaving a gift to the Village? After you've looked after family, you could leave a percentage of the residuary of your estate, or a specific amount. Your solicitor can give you wording for this, or we have examples of simple clauses which can be added to your will. Discussing wills and financial gifts is always a sensitive and very private topic and we are well aware of this. If you would like to talk further, please contact our Chief Executive, Hilary Sumpter.

If you have already arranged a gift to the Village, a memorandum of your wishes would be most helpful in our forward planning.

Donations to the Village will be held by the Kerikeri Village Community Trust, our shareholder, so that they are held in Trust until such time as we can begin our significant projects.

Thank you to those who are and have been so generous to the Village, it's what makes this place special.

# TWO NEW BOARD MEMBERS Bringing a wealth of experience



We are very pleased to welcome Ajit Balasingham & Richard Aston to our Board of Directors. Between them they bring an immense wealth of business experience and contacts that further enhances the expertise of our governance team.

Ajit Balasingham, originally from Sri Lanka, moved to the UK where he completed a Management Accountancy degree. In 1987 he emigrated to New Zealand settling in Whangarei, later qualifying as a Chartered Accountant.

Ajit is currently Deputy Chair of Alzheimers Northland. He has run his own business advisory consultancy since 2009. He has experience across a wide range of industries including food manufacturing, sales and distribution, transport, civil engineering, and steel fabrication. His breadth of is knowledge is further augmented by involvement in the property development, quarrying and boat building sectors. He is also a former Chairman of Northland Rugby.

Ajit and his wife Minesha have an adult son. Outside of work, Ajit enjoys walking, hiking and keeping fit and active which is probably just as well given his love of food and the fact that his signature dish is a decadent chocolate pudding. Richard Aston moved to Kerikeri in 2019 and lives on 3.5 acres in a converted ex-Whangarei Hospital building that was built in 1910 and variously served as a men's ward, maternity unit, general ward and mental health unit.

Richard has a long history in the notfor-profit area, having established and headed up the fatherless boys' mentoring organisation 'Big Buddy' for over 15 years. He has served on a wide range of boards, trusts and government panels, including being a current lay member of the Medical and Osteopathic Councils, and the Ministry of Social Development Benefit Review and health regulator Professional Conduct tribunals. He is also a former chair of Consumer NZ.

Richard's background is predominately in social services but has spanned psychology, nonprofits, management, corporate IT & Digital.

Richard is particularly interested in boys' and men's health and wellbeing and together with his wife, Ruth Kerr, co-authored a book on parenting boys. The couple has four adult children, and four grandchildren that they love spending time with. Richard also enjoys gardening.

## Welcome to...



Eddie Sammons.



Adele Jones.



Jackie Cozby.

# Village Times

MARCH 2021 | PAGE 3



## **Visit from the Auckland Blues**

The boys from the Auckland Blues delighted our residents recently when they swung by to spend some time with them. It was quite something meeting these statuesque rugby players up close and having a chat. They joined in a bit of indoor bowls and scrabble and shared some of their Blues merchandise making our residents and staff feel very special. Some of our gentlemen remembered



schoolboy rugby and enjoyed talking about the game with them.

Thanks Blues!



## **New Village Support Co-Ordinator**



Mereana Chuck has recently taken on the role of Village Support Co-ordinator.

Village Support is a specialist team operating from the Kerikeri Village who provide home based support to those needing a helping hand. Their services include assisting with personal care, shopping, meal preparation, laundry, general housework, transportation and a host of other services that assist elderly both within the Village and in our wider community, to remain living independently.

Organising the myriad of staff to meet their clients' needs is a big job, but one that Mereana enjoys as it provides her with lots of variety during her working day and utilises her many skills.

A Registered Nurse, Mereana holds a Diploma of Nursing (Enrolled/Division 2 Nursing) and has certificates in Age Care Work, Understanding Dementia, Te Reo Maori and Level 4 Business Management & Project Management.

She also has practical experience in Dementia/ Alzheimers and Palliative Care and has worked in Mental Health.

Originally from the North Shore in Auckland, Mereana moved to Australia in 2000 and returned home in 2018

Outside of work, Mereana enjoys gardening, art, diving, hiking and spending time with her partner and their 5 children. A huge animal lover, Mereana has a cat and "shares custody" of the neighbour's dog.

## Designer Clothing Protectors

Some of our more vulnerable residents need assistance to eat. Others prefer to manage themselves but tremors can make the process difficult so they need clothing protectors.

There are lots of options to protect our residents clothing but the off the shelf versions can be a bit dull. Cue the entrance of our wonderful Monday drop-in group who have been hand crafting a variety of comfortable, colourful options that brighten everyone's day.

Thanks for all your hard work ladies!



# OneTwoSeven





Our modern, spacious apartments set a new standard in retirement living and are designed with convenience in mind. Centrally located, with all the mod-cons to make life easy, everything you need to enjoy a better lifestyle has been taken care of.

Prices from \$470,000 (Sold under an Occupation Right Agreement)

### **Options include:**

- 1 bedroom
- 2 bedrooms
- Premium 2 bedrooms plus study BE QUICK! Only 1 left

### Features at a glance:

- Optional garaging & parking
- Common lounge and dining spaces gather your friends for a BBQ
- Each apartment has laundry facilities
- Architecturally designed
- Plenty of storage
- Maintenance-free living
- 2 lifts for easy access
- Internal scooter parks



## **Available now!**

## **OPEN HOMES**

Every Friday	2-3pm
--------------	-------

To make an appointment to view with Frances Shaw outside of these times call 09 929 5836.





#### PAGE 6 | MARCH 2021

## **Happy Birthday Nell!**

Nell Graveson, one of our first residents and a generous benefactor of Kerikeri Retirement Village, recently turned 104.

The sprightly cottage resident still lives independently and her joie de vivre continues to be a source of inspiration to all who know her.

Nell celebrated her birthday with close friends who toasted her continued good health with a glass of bubbles.





## **Eco-friendly e-bike helps efficiency**

The village continues to grow and with that comes extra gardens and extra work to keep our grounds up to the standard we are known for.

We have recently purchased an e-bike for our gardeners which allows them to get around more quickly and saves time to and fro-ing with gear.

The e-bike is virtually silent so doesn't disturb our residents, it's energy efficient, cheap to run and isn't creating any carbon emissions.

Best of all it's FUN to ride and according to our Head Gardener Angela Marinkovic is "very peppy" although she denies having reached anything close to it's top speed of 28km per hour.

## **Recorder Concert**

We recently enjoyed a concert by Tapestries, a group of local musicians dedicated to learning, practicing and performing on recorders.

The name Tapestries reflects the wide range of musical scores selected from the 1200's to the 2000's and also the many nationalities of the musicians within the group (Irish, English, Dutch, New Zealand & American).



They have played together since early 2000 in varying numbers and included Ted Crawford, a former Village resident.

Left to right: Fiona McGrory, Sarah Kirk, Misty Gaitens, June Wilson, Doug Bakke (leader)

# Village Times

### MARCH 2021 | PAGE 7



## Mosaics

It all started with the idea of brightening the Tui courtyard and our Head Gardener, Angela Marinkovic, was keen to include some mosaics. Then a "little bird" told us that Bunnings sometimes help with community projects.

Before long, Carol and the team from Bunnings Kerikeri turned up with all of the materials required and over 3 fun sessions we completed an array of fabulous mosaics which are proudly displayed. Everyone enjoyed themselves so much we plan to continue these classes and our staff are also keen to join in.

A big thank you to Carol and Bunnings for your support of our project!



PAGE 8 | MARCH 2021

## Tapuaetahi Bus Trip

Lucky us! We got a special invite by Margot Ngan to visit Tapuaetahi Beach.

24 of us ventured out, walking along the beach, indulging in ice cream and enjoying the excellent view and company.







# Diary Dates – Come and join the fun!

#### QUIZ NITE March 25<sup>th</sup> – 4-6pm In the social centre.

DANCE

March 26<sup>th</sup> – 2.30pm Dance in the social centre with DJ Mike Preece on vinyls.

**TECH HELPDESK March 27<sup>th</sup> – 2-3pm** In H. Murray room – fortnightly.

#### MOVIE

**April 14<sup>th</sup> – 2.30pm** David Attenborough: 'A life on our planet'. 127 Apartment Lounge.

#### **HEALTH GROUP**

**April 15<sup>th</sup> – 3pm** 127 Apartment Lounge.